

Personal, social & emotional development

Managing feelings & behaviour

0 to 11	Is comforted by touch & voices			
	Seeks physical & emotional comfort			
	Calms when held, rocked or spoken to in soothing voice			
	Shows a range of emotions such as fear, pleasure			
	Reacts emotionally to other peoples emotions			
8 to 20	Uses familiar adult to share feelings			
	Growing ability to sooth themselves, may like comforter			
	Cooperates with care giving routines			
	Beginning to understand yes, no & some boundaries			
16 to 26	Is aware of others feelings			
	Growing sense of will and determination may result in difficulty managing feelings			
	Responds to a few appropriate boundaries with support			
	Begins to learn that some things are theirs & some are shared			
22 to 36	Seeks comfort from familiar adult when needed			
	Can express their own feelings, sad, anger, happy			
	Responds to the feelings & wishes of others			
	Aware that some actions harm others			
	Try to help or give comfort when others are distressed			
	Shows understanding & cooperates with some boundaries			
	Can inhibit own actions: stop themselves			
	Growing ability to distract self when upset			
30 to 50	Aware of own feelings & knows others can be hurt			
	Begins to accept the needs of others & can take turns			
	Can usually tolerate delay when needs are not immediately met & understands wishes may not always be mt			
	Can usually adapt behaviour to different event & changes			
40 to 60	Understand that own actions affect other people			
	Aware of the boundaries set & expectations			
	Beginning to be able to negotiate & solve problems without aggression			
ELG	Chilren talk about how they & others show feelings, talk about their behaviour & it's consequences			
	They work as part of a group & understand & follow rules			

They adjust their behaviour to different situations & take changes in their stride

